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Editorial address: The Editor, Endeavours in
Education, Farook Training College,
Farook College P.O.
Calicut, Kerala,
India.
Ph: 04952440662
Fax: 04952443219
Email : journalftc@gmail.com
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- a All manuscripts must be submitted by mail with two hard copies and a soft copy in CD. The soft copy may also be submitted online. Submission of paper implies that it has not been published elsewhere and that it is not being considered for publication in any other journal or other publication.
- b Papers must be typed in double spacing with wide margins. All sheets must be numbered.
- c Tables and Figures should be plotted on a separate sheet and are to be attached files separately. All Tables and Figures should be comprehensive enough without reference to the text.
- d Papers should be as short as consistent with clear presentation of

subject matter. Papers should normally not more than 5000 words.

- e All articles should be preceded by a structured abstract with not more than 250 words under headings – background, aims, sample, methods, result and conclusion. Theoretical papers or papers with any other format may use suitable headings in the abstract.
- f Reference cited in the text must appear in the list at the end of the article in current APA style

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